Newsletter

RFP What's On Guide

Things you can do at The Park....

Woodland Walks

We have created some wonderful walks for you to be able to take in the fantastic nature that surrounds the park, whether this is just for you and your loved ones or with our wonderful dog guests.

Railway Ramble - This walk takes you through Great Morton



Sales to the dismantled railway underneath the LNWR Railway Bridge. Kings Cliffe Railway Station was opened on the 1st of November 1879 and closed to passengers on the 6th of June 1966. On the 3rd of June 1968, the station was closed to goods along the track to Nassington Station where a private siding and the line to Yarwell Junction remined in use for the iron ore and limestone quarry until 1971.

North Fields Walk - This walk takes you around the park taking in Sessile Lake, open countryside and around to Holm Lake past Great Byard Sale, looping back to your accommodation.

South Fields Walk -Starting at Railway Bridge, borders Little Morton Sale, this walk will take you past Acorn Lake and if you wish to leave the park taking some of the surrounding villages then this route will take you to the public footpaths to Nassington, Yarwell and Wansford.

Fairy Fauna Trails—Archipelago Fauna

For our younger guests we have our fairy own Fairy Fauna Trails. These magical trails wind through our beautiful woodland, offering an adventure filled with wonder and imagination. Discover charming fairy houses, whimsical decorations, and hidden surprises along the way. The trails are designed to spark

Creativity and provide a delightful outdoor activity for all ages. Pick up your booklet from **The Command Post** and explore the magic of our Fairy Trails during your stay with us, and create unforgettable memories in a truly enchanting setting.

Outdoor Chess

Discover the joy of strategic play at our outdoor chess set. Nestled in a beautiful location on our grounds, this life-sized chess board invites guests of all ages to engage in friendly competition or simply enjoy a leisurely game in the fresh air. Whether you are a seasoned player or a curious beginner the tranquil surroundings and beautiful landscape provide the perfect backdrop for sharpening your skills or if you want to simply learn the game. Gather with friends or family and make

lasting memories as you immerse yourself in the timeless challenge of chess.



Outdoor Play Area

Located adjacent to our Alfresco Dining Area (communal BBQ area), are boasting beautiful views of the countryside, parents and carers can relax over drinks and food whilst our younger guests play in the our outdoor playpark. We have a weather reader, a quiet outdoor reading area, zipline and many more activities to keep little fingers and toes entertained.

Secret Garden

Our secret garden, is a hidden oasis of tranquillity and beauty. Nestled within lush greenery and vibrant blooms, you'll find a charming bench for two, perfect for moments of quiet reflection or intimate conversation. Let the soft rustle of leaves and gentle fragrance of flowers envelop you as you relax in this secluded spot. Whether you're seeking a peaceful retreat or a romantic escape, our Secret Garden

offers a serene setting to unwind and connect with nature.



Rockingham Herb Garden Our small but vibrant herb and veggies patch

should be explored during your stay at the park. Bursting with fresh produce, this small patch is a delightful space where guests can help themselves to a variety of herbs and vegetables.

Whether you're looking to add some fresh basil to your salad, garnish your dishes with parsley, or simply enjoy the bounty of nature, our patch offers a delightful and



sustainable way to enhance your culinary experience while staying with us.

Glenn Miller Memorial 🎝

Our park is honoured to host the Glenn Miller Memorial, commemorating the legendary bandleader's final hanger concert before his untimely death. This historic site marks the spot where Glenn Miller, with his iconic orchestra, enthralled audiences with his unforgettable swing music, leaving a lasting legacy. Visitors can reflect on his

remarkable contribution to music and pay tribute to a true musical icon. Immerse yourself in the rich history and

feel the echoes of Alton Glenn Miller's melodies that once filled the air, making this a poignant and memorable stop during your stay.



Bug Hotel

Explore the fascinating world of insects at our delightful bug hotel, designed especially for our younger guests. This educational feature provides a safe haven for various bugs and offers children a unique opportunity to observe and learn about these amazing creatures up close. Nestled in the corner the bug hotel is a wonderful spot for budding naturalists to discover the importance of insects in our ecosystem, all while enjoying a fun and hands-on experience.

Star Gazing

Fishing

fishing/

Discover the wonders of the night sky at the two designated stargazing areas in our park. Nestled in the heart of the beautiful UK countryside, this serene spot offers an unparalleled view of the celestial canopy. Equipped with seating for two and strategically positioned away from artificial lights, our stargazing area provides the perfect setting to marvel at the stars, constellations and planets. Whether you're an avid astronomer or simply looking to enjoy a peaceful evening under the stars, our park invites you to experience the magic and tranquillity of the night sky like never before.

Enjoy a peaceful and rewarding fishing experience at

our scenic lakes, perfect for anglers of all skill levels.

Surrounded by natural beauty, our lakes provide an

ideal setting for a relaxing day of fishing. Whether you

are hoping to catch your first fish or a are a seasoned

angler you will appreciate the tranquillity and the won-

permitted in Oak Lake and Sessile Lake and you must

derful wildlife in this serene environment. Fishing is

have a fishing licence for further details please read

our blog https://rockinghamforestpark.co.uk/gone-



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Come and visit **The Command Post**. The Bistro is within walking distance of the lodges, serving food & drinks.

The Command Post offers an inviting atmosphere with comfortable indoor seating, tables for a catch-up and some food, or armchairs for relaxation with a coffee or a glass of wine. The Bistro also has an expansive outdoor decking area to enjoy the views and weather. They are open daily for fresh coffee and pastries. As well as stocking all your everyday essentials, we are proud to be supporting local businesses and as such have a range of locally sourced produce including free-range eggs, freshly baked bread, meats from a local butcher, handmade chocolate, homemade pickles, chutneys, jams, and locally brewed beers. We can offer you takeaway pizza for collection or eat in and enjoy with a beer or a cocktail. We can also provide breakfast boxes, picnic hampers and grocery

packs, all available for pre-order.

Please email **<u>oaklakestore@gmail.com</u>** for a price list and anything else we can help with or call us from your lodge on 5090.



Kings Cliffe Air Museum

Did you know our site was a former Royal Air Force Satellite Station. The base opened in October 1941 as a satellite to RAF Wittering. 133 Fighter Squadron moved in with Spitfire VB's 29th of September 1941. During it's time there were at 16 units based here. This was also where Glenn Miller performed his last ever Hanger Concert. Visit the museum to learn more from the owners and step back in time and learn how the Airbase contributed to the War. You can book Yoga or Zumba on a Saturday Morning from 11 am

Yoga

This can a 60/75/90 minute class.

Yoga is a practice that works on the body, mind, and calming down the nervous system. It focuses on physical postures, breathing techniques and relaxation. It can relieve stress and aches, relax, also sharpen the mind, help increase body strength, balance and flexibility. It is ideal for ages and levels of fitness.

Classes start from £15 each for a 60 minute session.

Zumba

Zumba is a 45 minute dance fitness programme that combines Latin and International music with a variety of dance styles. It targets many different muscles at once for total body toning. It boosts your heart health, enhances balance, coordination, agility and strength. It is a great calorie burner and is fun high-energy workout. These classes are 45 minutes long and cost $\pounds 12$ a session.

Early booking and payment in advance are essential to reserve your place. All classes are non-refundable .

These are run by an outsourced instructor called Becky, who is fully trained and certified. For more information and to book classes please contact Becky by email <u>danzogabeckymarie@gmail.com</u>





Archery is run independently by Griffin Archers.

They believe "everyone can do archery and anyone can become an archer". All their coaches are qualified through Archery GB.

Sessions are 45 minutes long and run from 10.30 am to 3. 30 pm and prices start from ± 15 per person

Maximum 4 per session (minimum age 10 years old)

Sessions can only be booked on line:

https://griffinarchers.co.uk/rockingham-forest-park-archery-activity/



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Things you can do away from The Park....

Northamptonshire

Northamptonshire, nestled in the heart of England, offers a charming blend of picturesque countryside, historic landmarks, and vibrant market towns. A visit to this county reveals rolling hills dotted with quaint villages and grand stately homes like Althorp House, the resting place of Princess Diana. The county's rich history is evident in its medieval churches and the striking architecture of the 78 Derngate, a unique hous e designed by Charles Rennie Mackintosh. Nature enthusiasts will relish exploring the serene beauty of the Nene Valley and Rockingham Forest, while those seeking a taste of local culture can enjoy traditional markets, artisan shops, and cozy pubs serving regional delicacies. Whether strolling through the elegant gardens of Castle Ashby or attending a lively festival in Northampton, the county's vibrant heritage and scenic landscapes offer a de lightful escape from the hustle and bustle of modern life.

Click the link to see what's on in Northamptonshire https://visitnorthamptonshire.co.uk/whats-on/

Cambridgeshire

Cambridgeshire, renowned for its academic prestige and pastoral beauty, offers a captivating journey through both history and nature. At the heart of the county lies the city of Cambridge, home to the world-famous University of Cambridge. Visitors can explore its iconic colleges, such as King's College with its stunning chapel, and take a serene punt along the River Cam to admire the picturesque "Backs" and their lush gardens. Beyond the university city, Cambridgeshire boasts charming market towns like Ely, with its magnificent cathedral known as the "Ship of the Fens," and St Ives, with its historic bridge and bustling markets. The expansive wetlands of the Fens provide unique landscapes and are perfect for birdwatching and tranquil walks. Additionally, the county is steeped in history with attractions like the Imperial War Museum in Duxford, showcasing aviation history, and Wimpole Estate, a grand Georgian mansion with extensive parklands. Whether delving into academic traditions, enjoying natural be auty, or exploring historical sites, Cambridgeshire offers a rich and diverse experience for every visitor.

Click the link to see what's on in South Cambridgeshire https://visitsouthcambs.co.uk/what-s-on/

Click the link to see the official website for Fenland Tourism <u>https://www.visitcambridgeshirefens.org/</u>

Lincolnshire

visiting Lincolnshire presents an enchanting mix of rural charm, historical richness, and coastal beauty. Dominated by its vast agricultural landscapes, the county is often referred to as the "breadbasket of England." The city of Lincoln is a highlight, where the majest ic Lincoln Cathedral and the formidable Lincoln Castle, home to one of the surviving copies of the Magna Carta, stand as testaments to its storied past. Wander through the cobbled streets of the historic Bailgate area, lined with boutique shops and cozy cafes. Beyond the city, the picturesque Wolds offer rolling hills and scenic trails perfect for walking and cycling. The coastline provides a different allure, with traditional seaside towns like Skegness offering sandy beaches, charming promenades, and family-friendly attractions. The county's market towns, such as Stamford with its well-preserved Georgian architecture, and Louth, known for its independent shops and weekly markets, add to Lincolnshire's appeal. Whether exploring its heritage, enjoying outdoor activities, or savouring local produce, Lincolnshire promises a delightful and varied experience.

Click the link to see what's on in Lincolnshire https://www.visitlincolnshire.com/events/

Rutland

Visiting Rutland, England's smallest historic county, is a delightful escape into a landscape of rolling hills, serene lakes, and charming villages. At the heart of Rutland lies the beautiful Rutland Water, one of the largest artificial lakes in Europe, offering a haven for wildlife enthusiasts, water sports aficionados, and those seeking leisurely strolls along its picturesque shores. The county's quaint market towns, such as Oakham and Uppingham, boast historic architecture, traditional markets, and a variety of boutique shops and cozy cafes. Oakham Castle, with its collection of ceremonial horseshoes, and the ancient Normanton Church, now partially submerged in Rutland Water, are must-see landmarks. The countryside is dotted with idyllic villages, where thatched cottages and inviting pubs create a quintessentially English ambiance. With its blend of natural beauty, rich history, and tranquil rural charm, Rutland provides a perfect retreat for those looking to unwind and explore one of England's hidden gems. Click the link to see what's on in https://www.discover-rutland.co.uk/all/whats-on/all-events/

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Things you can do away from The Park....

Bedfordshire

Visiting Bedfordshire offers a delightful escape into the heart of England, combining historical charm with natural beauty. This picturesque county is dotted with quaint villages, grand estates, and verdant countryside, making it perfect for a leisurely exploration. Wander through the medieval streets of Bedford, where you can visit the majestic Bedford Castle Mound and the serene Embankment along the River Great Ouse. Explore the stunning Woburn Abbey, set within sprawling deer parks, or take a peaceful stroll through the tranquil gardens of Wrest Park. For nature enthusiasts, the Dunstable Downs provide breathtaking views and excellent hiking opportunities. Bedfordshire's warm hospitality and rich tapestry of attractions ensure a memorable visit for all.

Click the link to see what's on in https://www.experiencebedfordshire.co.uk/whats-on

Peterborough City

Visiting Peterborough offers a unique blend of history, culture, and modern attractions in the heart of Cambridgeshire. The city is renowned for its magnificent Peterborough Cathedral, an architectural marvel with its stunning Norman façade and intricate Gothic details. A stroll through the city reveals a mix of historical and contemporary sights, from the heritage-rich Flag Fen Archaeology Park, showcasing ancient Bronze Age finds, to the bustling Queensgate Shopping Centre, perfect for a retail therapy session. The tranquil Nene Park provides a serene escape with its expansive green spaces, picturesque lakes, and riverside trails, ideal for picnicking or leisurely walks. Peterborough's vibrant cultural scene, marked by numerous festivals, theatres, and art galleries, coupled with its welcoming atmosphere, makes it a captivating destination for all visitors.

Click the link to see what's on in Peterborough https://www.visitpeterborough.com/

Stamford Town

Stamford, nestled in the heart of Lincolnshire, is a charming market town renowned for its well-preserved Georgian architecture and picturesque streets. Often described as one of England's finest stone towns, Stamford boasts over 600 listed buildings, including the majestic Burghley House, a grand Elizabethan mansion surrounded by lush parkland. The town's historic charm is complemented by a vibrant cultural scene, with boutique shops, cozy cafes, and traditional pubs lining the cobbled lanes. Visitors can explore the tranquil meadows of the Stamford Meadows, enjoy leisurely strolls along the River Welland, or delve into the rich history at the Stamford Museum. With its blend of historical elegance and contemporary amenities, Stamford offers a delightful retreat for tourists seeking both relaxation and adventure.

Click the link to see what's on in Stamford https://www.visitlincolnshire.com/stamford-tourist-information-centre/

Cambridge City

Cambridge, a picturesque city in eastern England, is a treasure trove of history, culture, and academic excellence. Renowned for its prestigious university, which dates back to 1209, Cambridge offers visitors a unique blend of stunning Gothic architecture, tranquil riversi de scenery, and vibrant cultural attractions. Tourists can explore the iconic King's College Chapel, enjoy a leisurely punt along the River Cam, and wander through the lush Cambridge University Botanic Garden. The city's bustling Market Square and numerous museums, such as the Fitzwilliam Museum, provide endless opportunities for discovery and enjoyment. Whether you're a history buff, a nature lover, or simply seeking a charming getaway, Cambridge promises an unforgettable experience.

Click the link to see what's on in Cambridge https://www.visitcambridge.org/

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Things you can do away from The Park.



Rockingham Forest Park Newsletter **RFP What's On Guide** The Command Post Offerings.... BISTRO MENU PLEASE SPEAK TO A MEMBER OF STAFF FOR ANY ALLERGY INFORMATION BISTRO MENU PLEASE SPEAK TO A MEMBER OF STAFF FOR ANY ALLERGY INFORMATION LOCAL SAXBYS CIDER £4.50 500ml bottles Strawberry 3.8% abv SHAREABLES LAGER £3.50 330ml bottles BREAKFAST £15.00 *Charcuterie board Cured Meat, Cheese, Crackers, Fruit, Ol Croissant £9.00 £12.00 "Charcuterie board Curved Meat. Neese, Crackers, Fruit, (Chunny "Add 2 small house wines for Nachos, acho cheese, chedar Add Salapenos Add Salas Bowl of pretzels Bowl of snack mix Margarita, Mozzarella, tomato sauce Cheese & Onion £2.80 £7 £10 Peroni Corona San Miguel Moretti Madri Murano Strawberry Plum Blackcurrant Rhubarb Original Apple Cherry 3.8% abv 3.8% abv 3.7% abv 3.5% abv 5.0% abv 4.5% abv £6 £3.00 4.5% abv 5.0% abv 4.6% abv 4.6% abv Danish crown £2.00 Goats cheese, mozzarella, caramelized onion, Hawaiian Ham, Pineapple, Mozzarella, tomato sauce vegan Pain au chocolat £11.00 £9 £1.50 £6.00 £3.00 3.8% abv Buttermilk pancakes 5 pancakes, syrup, butter, 0r mixed fruituu Meat Feast £12.00 £10 Mozzarella, pepperoni, chicken, ham, IPA £3.75 £1.00 £2.00 Spicy Mozzarella, pepperon, cincken, nan, banana peppers, tomato sauce Veggie Mozzarella, peppers, mushrooms, onions, tomato sauce 5.0% ABV £10 Shipyard £12.00 Breakfast baguette Bacon or sausage Breakfast bap £5.00 MILKS HAKES £4.30 £2.00 LOCAL OAKHAM ALES £4.50 Strawberry, Nana, Choc, Vanilla FRAPPUCCINO £4.75 £4.50 £12.00 £10 EXTRAS Breaktast usp Bacon or sausage Add fried egg Veggie sausage bap Garlic Bread Potato Wedges Cheesy Potato Hash Browns £2.50 £3.00 £5.00 £3.00 500ml bottles SMOOTH £1.00 £4.50 JHB bitter 4.2% aby onions, tomato sauce Cheese & Mushroom Mozzarella, mushroom, Tomato sauce Pepperoni Mozzarella, pepperoni, tomato sauce £11.00 £9 1.30 Citra IPA Inferno Ale 4.6% abv ICEU LATTE FROM 6 Strawberry Split Strawbe Pash n Shoot Pineapple/Mango/Passionfru Melon Refresher Melon/Mango/Strawberrit Veggie saussy Toast 2 slices, butter, jam or Fried egg on toast Beans on toast Hash Browns £2.50 4.4% abv £10.00 £8 Green Devil IPA 6% abv Bishops Farewell 5% abv £5.00 £4.50 £3.00 l noo/Passionfruit Gluten free bases and vegan cheese available SOFT DRINKS £2.50 Coke, Diet Coke, Dr Pepper, Ice Tea, Sprite, Orange juice, Apple juice, pineapple juice HOT DRINKS Our delicious No13 coffee is locally roas Latte Milky coffee Cappuccino Frothy coffee E3.50 Apple juice, pineapple juice Breckland Orchard Plum & Cherry, Pear & Elderflower <u>Juice Burst</u> Raspberry & Watermelon, Orange & Passionfruit KIDS £2 SANDWICHES All served with Salad Garnish, Colesla Pickle £3.50 Crisps & All served with salad garnish, coleslaw, crisps & pickle Frothy coffee Mocha Choccy coffee Flat White white coffee Americano Black coffee £4.50 Bacon, Cranberry & Brie 68.00 Toasted Chicken club £7.50 Cheese & Local Chutney Cheese & Ham £7.50 £8.00 £3.00 Orange or Apple juice, Squash, Milk, Chicken & Bacon mayo HIDS E1.20 FIDS E1.20 Perky penguin mixed fruit, Ellie Elephant blackcurrant, Yummy Unicorn rasoberry £7.00 £2.50 Halloumi & Pesto Tuna Melt £8.00 Americano with hot milk Just a coffee Espresso Strong coffee Double espresso Ham, Cheese & Chutney £7.50 £8.00 £2.75 vo. chedda Feta & Chargrilled Peppers £2.20 Cheese & cucumber £6.50 £8.00 ber, salad cream Chicken, Cheese & Pesto Chicken, Cheese & Chorizo £8.00 WINE WINE BY THE OLASS 125ML £3.50 250ML £7.50 BY THE BOTTLE £16 SPIRTS £3.50 OUBLE ADD £1.50 Malbu, volka, ûn; Rum: Arejala, Whiskey SPIRTS PREMIUN £4.50 Winkskey, ûn; Volka Baileys 50mL £5 £3.40 £6.50 Cheese & celery Cheddar, celery, mayo £8.00 Chai latt £3.00 Dirty Chai Latte £4.50 £2.80 Tuna salad £7.00 Pot of Tea Not coffee Pot of tea for two Hot Chocolate Also not coffee Add Cream & Marshmallows £4.50 £3.50 £1.00 SALADS JACKET POTATOE OTHER THINGS All served with a garden salad & butt Tacos 67.00 Caesar 68.00 All served wit Tuna & sweetcorn Chili con carne Homemade chill Cheese Beans 4 hard shell, lettuce, tomato, peppers, onion, beef, sour cream, guacamole 67 50 Romaine lette croutons, and parmesan Garden Lettuce, cucu , grilled chicken, garlic vies. Caesar dressing. COCKTAILS Rockingham Breeze £6 ut liquor, Pineapple Juice, Cranber Blue Lady £7.50 onfruit liquor, Peach Schnapps, Cr Environmentalist £8 Meton liquor, Vodka, Lemonade COCKTAILS Cherry Fizz £7.50 rry Gin, Vanilla Vodka, Lemona Rockingham Nag £6 Vodka. Ginger Ale, Lime Lemon Drop £7 rijels esc, Vdaka. Sweet & Sour Pineapple Mojito £7 £8.00 WRAPS Served with crise £3.50 £6.50 crisps & c

£6.50

£6.00 £1.20

Jacket Add cheese or coleslaw

Coleslaw

BURGERS

BURGERS Chicken Fillet burger £7.50 Breaded fillet, mayo, cheese, lettuce s/w salad garnish, pickle, coleslaw & crisps

Tuna salad & mayo £5.50

Chickensalad & mayo £5.50

Cheese salad & mayo £5.00

£2.75

SAUSAGE ROLL

Pork and caramelized on

£2.00



ops Cranberry

ole Rum, Marlish Soda, Svr

Espresso Martini £8

so, Kahlua, Vanilla Vodka, Sugar



*Please note most hampers require at least 24hrs notice. *