## Hot Tub Disclaimer

To keep you safe during your stay we have rules and guidelines to be adhered to regarding the use of our hot tubs.

Please read carefully.

\*Due to the time, it takes our maintenance team to drain and refill the hot tubs after each departure we will do our very best to have your tub temperature ready for you to enjoy upon arrival, however this cannot be guaranteed\*

\*The signatory is responsible for making sure all members of their party adhere to the rules and guidelines outlined.

\*Do not use the hot tub before 8.00am or after 11.00pm.

\*Please do not use hot tub on day of checkout due to our maintenance team needing to drain and refill it.

\*Please check with a GP or medical professional for advice if you have any health conditions before use.

\*Do not use if you are pregnant or under 5 years of age.

\*Children under the age of 5 who are unable to hold their face out of the water should not use the hot tub.

\* Any children under the age of 16 **must always be supervised by an adult whilst in the hot tub** and limit their sessions to 7 minutes or less.

\*It is recommended that continuous time in the hot tub is limited to 15 minutes before a break to cool down.

\*Ensure safety regarding entering and exiting due to slippery surfaces.

\*Avoid putting your face or head beneath the water.

\*Avoid swallowing hot tub water.

\*Keep long hair tied up/use a swim hat or hair net.

\*It is recommended contact lenses are removed before use.

\*It is recommended that the hot tub is not used after a heavy meal or alcohol.

# The following are **PROHIBITED IN OR AROUND** the hot tub:

- Running, Jumping, Diving
- Food & Drink (including alcohol or otherwise)
- No glass containers
- Smoking (Including E-Cigs)
- The use of electrical equipment
- Pets
- Dangling jewellery please be aware that some jewellery may discolour due to emersion in the hot tub.



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#### <u>Hygiene</u>

- Guests/bathers should not use the hot tub if they have had diarrhoea or repeated vomiting within the last 14 days.
- Please shower and remove all make-up, creams, and fake tan before you enter.
- Children should be encouraged to use the toilet before entering the hot tub.
- Foaming agents such as bubble bath, shower gel or essential oils should not be used in the hot tub.

#### How to use

To remove the cover, carefully unclip the holding straps and standing at the side of the hot tub, fold back the front half of the lid and gently lift the black bar until it reaches the stop position, the lid will then rest upright.

To close the hot tub lid, press the **RED RELEASE BUTTON** and gently lower into place.

**IMPORTANT** – Where possible this should be carried out by no less than 2 people, one either side of the hot tub.

\*Please inform the Team immediately if the hot tub appears faulty or in an otherwise unsuitable condition.

Take care on the decking area it can be slippery when icy or wet.

Do not use during high winds.

Any damage to the cover will be charged for.

Please respect other guests' privacy and keep noise to a minimum. Our team will visit your tub twice daily to monitor the quality of water, maintenance, and operation.

If you experience any problems during your stay, please contact the Team ext. 5009

## I have read and understood the 'terms and conditions' and 'rules for your own safety' when using the hot tub.

By using the hot tub and signing this form I accept total responsibility for the hot tub and all persons using it.

Name:	 Lodge r

Lodge number: \_\_\_\_\_

Signature:	
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Date:	
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# Please sign and return to reception or post into deposit box.



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